SPRING 2022 ISSUE













Meetings GWIRE A

THE INIM PRESENTS

THE GULF WAR DISPATCH



The Reboot Study - Actively Recruiting!



Dr. Nancy Klimas is currently recruiting 17 male Gulf War, Operation Desert Shield and/or Desert Storm, Veterans with Gulf War illness symptoms for the Reboot Study.

The purpose of this study is to evaluate the effects of a combination therapy in changing the bodies "sick response" of Gulf War illness into a more permanently healthy condition.

If you are interested in participating, please email: gwictic@nova.edu or call: 954-262-2870. To learn more about the Reboot Study, visit: http://bit.ly/AboutReboot

Event Recap

2022 SHIELD Conference

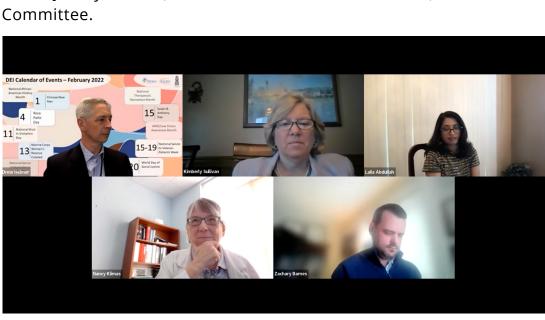
On Friday, February 25th, GWICTIC & INIM hosted the annual 2022 Sustained Homeostatic Imbalance due to Environmental-exposure Linked to Deployment (SHIELD) Conference. Veterans tuned in via zoom to learn about new and upcoming Gulf War illness research related to deployment in Operation Desert Shield & Operation Desert Storm.

Check out our impressive line-up of speakers:

- Nancy Klimas, M.D.
 Current & Upcoming Research at GWICTIC & at Miami VAMC
- Kimberly Sullivan, Ph.D.
 The Boston Biorepository and Integrative
 Network for GWI (BBRAIN): Working Together
 To Develop Diagnostic Markers and Treatments
 for Gulf War Illness
- Zachary Barnes
 The Recruitment Process An Overview
- Laila Abdullah, Ph.D.

 Nicotinamide Riboside Clinical Trial for Gulf War illness at The Roskamp Institute
- Drew Helmer, M.D., M.S. Genomics of Gulf War Illness

The event concluded with a live Q&A moderated by Dr. Klimas, followed by closing comments from Jimmy Arocho, INIM Research Associate & Chair, GWICTIC Patient Advocacy Committee.





CURRENT RESEARCH

The Reboot Study

This study will assess whether giving the combination of etanercept-mifepristone in a set dosing schedule will improve the effectiveness of the drug combination.

Recruiting: Male Operation Desert Shield and/or Operation Desert Storm Veteran between the ages of 45-70.

If you are interested in participating or have any questions, please email: gwictic@nova.edu or call: 954-262-2870.

If you're interested in learning more about the studies below, please call (305) 575-7000 ext 14217 or email VHAMIAGWI@va.gov.

Nutraceutical Study For Gulf War Illness: Curcumin & Glutathione

The primary goal is to test the effectiveness of the computational model in an intervention setting. If successful, this will set the stage for a series of studies that attempt to reset homeostasis in complex illnesses such as GWI.

Recruiting: Operation Desert Shield and Desert Storm Veterans with Gulf War illness.

Location: Virtual

Studies located at the Miami VA:

Immune/Inflammatory Priming In Exacerbating Responses To GWI Stressors

This study will help researchers understand 1990-1991 Gulf War Veterans, with a diagnosis of chronic fatigue syndrome or Irritable Bowel Disturbance.

Location: Miami Veterans Affairs Healthcare System

Boston Biorepository, Recruitment and Integrative Network (BBrain) for GWI

The goal for this study is to learn more about the ways that GWI affects veterans while establishing a central resource site for Gulf War researchers to further encourage collaboration and sharing of information.

Recruiting: Operation Desert Shield and Operation Desert Storm veterans, both healthy veterans and those with Gulf War Illness.

Location: Miami Veterans Affairs Healthcare System

Women Vs. Men With Gulf War Illness: Differences In Computational Models And Therapeutic Target

This study is designed to understand the underlying mediators of dysfunction by having developed a dynamic model to identify these mediators of persistence and relapse, with the primary goal of pinpointing the underlying mechanisms of the condition and targeting treatment more effectively.

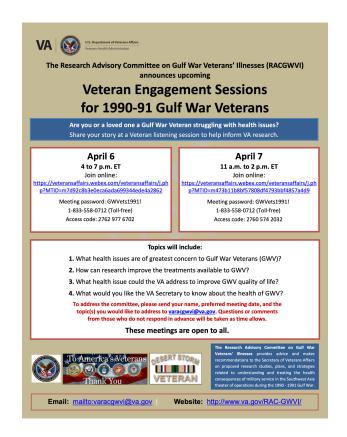
Recruiting: healthy female volunteers between the ages of 42 to 70 years.

Location: Miami Veterans Affairs Healthcare System

The Research Advisory Committee on Gulf War Veterans' Illnesses (RACGWVI)

The Research Advisory Committee on Gulf War Veterans' Illnesses (RACGWVI) mission is to provide advice and make recommendations to the Secretary of Veterans Affairs on proposed research studies, plans, and strategies related to understanding and treating the health consequences of military service in the Southwest Asia theater of operations during the 1990 - 1991 Gulf War.

Access past meetings <u>here</u>.



Recent Publications

The impact of post-traumatic stress on quality of life and fatigue in women with Gulf War Illness

 Shastry N, Sultana E, Jeffrey M, Collado F, Kibler J, DeLucia C, Fletcher MA, Klimas N, Craddock TJA. https://doi.org/10.1186/s40359-022-00752-5

Sex-specific differences in plasma lipid profiles are associated with Gulf War Illness

 Oberlin S, Nkiliza A, Parks M, Evans JE, Klimas N, Keegan AP, Sullivan K, Krengel MH, Mullan M, Crawford F, Abdullah L. https://doi.org/10.1186/s12967-022-03272-3

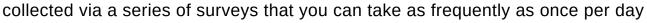
Let us introduce - GWIRE

We're excited to announce a new INIM Research iPhone app that will help to generate incredible amounts of data on individuals with Gulf War illness (GWI)!

Let us introduce, GWIRE Gulf War Illness Research in
Exercise - an app that is made
specifically to assess the activity
levels of people with GWI, along with
the effects of exercise on general
activity, symptom management, and
concentration/cognitive function.

The app will assess activity levels and effects of exercise in three ways:

 Demographic data, exercise frequency, exercise intensity and symptom presentation will be



 Cognitive function and reaction time will be assessed via "Active Tasks" - a section of the app that presents you with short challenges



Want to Participate? Download GWIRE now!

If you have an Apple or Garmin Watch, or other fitness wearable that is connected to your iPhone's Health app, or if you just carry your phone in your pocket on a regular basis, GWIRE can collect up to 11 different types of activity, health, and functionality data (with your permission, of course!)



With your help, this secure app adds a whole new layer to the institute's data collection of complex diseases!

